



CAPACITAR's

Vision is  
Healing  
Ourselves  
Healing  
Our World.

CAPACITAR

means  
to empower,  
to encourage,  
to bring each  
other to life.

We are an  
international  
network of  
empowerment  
and solidarity.

Capacitar teaches  
simple practices

of healing,  
team building and  
self- development  
to awaken people  
to their own source  
of strength and  
wisdom so they  
can reach out  
to heal injustice,  
work for peace  
and transform  
themselves,  
their families and  
communities.

Using a  
popular education  
approach,  
Capacitar has  
worked with  
grassroots people  
in over  
45 countries.

## Celebrating Capacitar's Leadership—Patricia Mathes Cane, PhD, Capacitar Founder/Director

This has been a year of celebrations and anniversaries for Capacitar! In October, Capacitar received the 2019 Nell and John Wooden Ethics in Leadership Award from California State University Long Beach (CSULB) Ukleja Center for Ethical Leadership. The award was a wonderful affirmation of Capacitar's 31 years of commitment to healing and empowering people around the world. The gala event at the Long Beach Convention Center included 170 university and community leaders, along with 10 members of Capacitar's SoCAL network who are doing significant outreach to veterans, prisoners, victims of violence, refugees, youth at risk, cancer patients, children and spiritual communities. The Ukleja Center represents a cutting edge vision and practice of Ethical Leadership in the US. According to the CSULB President, Dr. Jane Close Conoley, the goal of the university is to implement some principles of Ethical Leadership in every course and field for their 37,000 students.

In June, Capacitar Wales celebrated the 10th Anniversary in North Wales at Noddfa, a retreat center in Penmaenmaw. Sisters Mary Jo McElroy and Patrice Power, RSHM, have been leading Capacitar workshops for caregivers, women's groups and people in their area.

In September, Capacitar Argentina celebrated its 15th Anniversary with large gatherings in Neuquén, Patagonia, and in Buenos Aires. In collaboration with Los Cerezos leaders, Dr. Susana Diaz, Sarita Flies and Marcela Fortin, Capacitar has grown to touch the lives of thousands of women and men in many areas of Argentina. The Capacitar 4-module training, along with certification courses in counseling, are offered through Los Cerezos with Capacitar practices used in outreach to many people in need throughout Argentina.



Louise Ukleja and Greg Wooden presenting the award to Pat Cane



10th Anniversary of Capacitar at Noddfa, Penmaenmaw, North Wales



Celebrating the 15th Anniversary of Capacitar Argentina, Buenos Aires



Pat Cane and Janey Roeder, Director of the Ukleja Center for Ethical Leadership (center), with members of the Capacitar SoCAL network (left to right) Dr. Rebecca Crane-Okada, Joshua Gonzales, Vel Roman, Nola Ching, Ismael Huerta, Ree Taylor, Mary Lu Coughlin and Fr. George Horan





## Capacitar Outreach in 2019

Capacitar offered trainings in 2019 to over 3,000 people with many more thousands benefiting from the popular education multiplier effect. Trainers worked in 21 countries including: the USA (California, Texas, Arizona, and Ohio), Canada, Mexico, El Salvador, Guatemala, Nicaragua, Argentina, Haiti, Ireland, Northern Ireland, Scotland, England, Wales, Eastern and Western Germany, Japan, The Philippines, Tanzania, Kenya, DR Congo, Uganda and South Sudan. Welcome to the growing Capacitar global network!



*Kabul: Capacitar trainings and counseling with Afghan Peace Volunteers*



*Quiché, Guatemala: Mayan Health Promoters, Barbara Ford Peace Center*



*Goma, DR Congo: Sr. Ingrid Janish and the Capacitar North Kivu team*



*Ishinomaki, Japan: Capacitar training in the tsunami zone*



*Chihuahua, Mexico: Capacitar self-care training for Human Rights Defenders*



*Neuquén, Argentina: Celebrating the 15th Anniversary of Capacitar in Argentina*



*The Philippines: Training for community leaders*





*Encino, California: Sheila Grady (right) coordinating the training at Holy Spirit Retreat Center*



*Watts, CA: Presentation Learning Center Capacitar Team*



*Durham, England: Rev. Paul Golightly leading Tai Chi for the Capacitar England training group*



*El Paso, Texas: Capacitar outreach to refugees*



*Juarez, Mexico: Capacitar en la Frontera training with community leaders*



*San Jose, California: Training at Catholic Charities of Santa Clara County*



*Zwochau, Eastern Germany: Training for leaders working with refugees*



*Cleveland, Ohio: Mary Duennes leading a training for refugee outreach*

## **CAPACITAR Staff, Board and Advisors**

### Founder/Director

Patricia Mathes Cane, Ph.D.

### Capacitar Office Coordinator

### Special Projects

Joan Rebrmann Condon, MA

### Board of Directors

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Sheila Grady MSEd

Sharon Kuehn, MHRE

Barbara Lutz, PhD

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Juliet Spohn Twomey, IHM, MA

Ree Taylor, MA, CMP

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Mary Duennes, RN, MA

Mary Dutcher, Esq.

Leelia Franck, MD

Fr. George Horan, MA

Maureen Jerkowski, SSSF

Maria Elena McElroy, MSEA, MHA

Mary Ondreyco, SNJM

Dick Vittitow, MA

Marion Vittitow, Ph.D.

### International Advisors

#### Capacitar en Frontera El Paso/Juarez

Kathy Revytek

Arlene Woelfel, SSSF

Claudia Brandeis

#### Canada

Rev. Joan Silcox Smith

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#### El Salvador

Leonor Sanchez

#### Guatemala

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#### Nicaragua

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Isali Pizarro

#### Haiti

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Pere Frantz Cole

#### Germany

Anke Reermann

#### England

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Rev. Paul Golightly

#### Scotland

Nancy Adams

Marianne Anker Petersen

Ali Newell

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Patrice Power, RSHM

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Ann Brady, RSM

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#### Rwanda

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Waesberghe, MMM

#### Burundi

Caritas Habinomana

#### Tanzania

Constansia Mbogoma

#### Nigeria

Felicia Muoneke, MMM

#### Uganda

Hilda Bamwine, RSCJ

#### DR Congo

Ingrid Janisch, ISB

Daniel Mbokube

#### Capacitar Middle East Network

Lora Hillel

Ronit Zur

#### Palestine

Itaf Awad

Eilda Zaghmout

#### Timor Leste

Maria Dias

Fidelio da Costa

#### Indonesia

Nina Jusuf

#### Japan

Eiko Maki, CSJ

Yuko Oyama

Tsugumi Fugita

#### Korea

Katherine Hahn Singer

Hyunjoo Jeong

#### Afghanistan

Dr. Hakim Young, MD

#### The Philippines

Diana McDermott

## **CAPACITAR Calendar—2020-2021**

### **2020—Workshops & Trainings**

- Jan 17-18 Tr1 Family Services, McAllen, TX
- Jan 23, 24 Tr 1 El Paso • Jan 25 Juarez Taster Workshop
- Jan 24-26 School of Social Work, Social Justice Tr 1 Haiti
- Feb 1-2 Tr 1 Tucson, AZ, El Rio Health Center
- Feb 8-9 Tr 1 Encino, CA, Holy Spirit Retreat Center
- Feb 10 Tr 3 Catholic Charities, Franklin McKinley's Children Initiative San Jose
- Feb 12-20 Trainings and Counseling, Kabul, Afghanistan
- Mar 7-8 Tr 1, Dublin, Ireland
- Mar 13-14 Tr 1 Oakwood, Atherton, CA
- Mar 14-15 Tr 1, Luxembourg, KORU
- Mar 21-22 Tr 3, Perth, Scotland
- Mar 23 Adv Tr Perth, Scotland
- Mar 23 Tr 4 Catholic Charities, Franklin McKinley's Children Initiative San Jose
- Mar 27-29 Haiti trainings
- Mar 28-29 Tr 1 Aachen, Germany
- Apr 20-26 Tr in Panama, 10th Anniversary celebration
- Apr 24-25 Tr 2 El Paso, TX
- May 16-17 Tr 2 Encino, CA
- May 23-24 Tr 2 Tucson AZ
- May 29-30 Tr 2 McAllen TX
- Jun 5-6 Tr 2 Oakwood Atherton, CA
- Jun 6-7 Tr 2 Dublin, Ireland
- Jun 9-10 Noddfa Training, Northern Wales
- Jun 13-14 Tr 4 Glasgow, Scotland
- Jun 15 Scotland Advanced, Perth
- Jun 20-21 Aachen Advanced, Germany
- Jun 27-28 Tr 2 Aachen, Germany
- Jul 4-5 Tr 1 Stuttgart, Germany
- Jul 31-Aug 1 Tr 3 McAllen, TX
- Aug 8-20 Trainings in Chihuahua, Human Rights Center
- Aug 27-28 Tr 3 El Paso, TX
- Aug 29-30 Tr 3 Encino, CA
- Sep 5-6 Tr 2 Stuttgart, Germany
- Sep 12-13 Tr 3 Durham, England
- Sep 19-20 Tr 3 Tucson, AZ
- Sep 23-26 Tr 1 Costa Rica
- Oct 3-4 Tr 3 Aachen, Germany
- Oct 10-11 Tr 2 Luxembourg
- Oct 17-18 Tr 3 Dublin, Ireland
- Oct 21-29 Trainings in Kabul, Afghanistan
- Nov 7-14 Trainings in Japan
- Nov 12-13 Tr 4 El Paso TX
- Nov 20-21 Training, Kadarim, Israel
- Nov 24, 25 Trainings in Jenin, Ramallah, WestBank
- Nov 27-29 Trainings in Beit Jala, WestBank
- Dec 5-6 Tr 4, Encino CA
- Dec 11-12 Tr 4 McAllen TX
- Dec Nicaragua Dance Retreat, Cantera, Managua, Nicaragua

### **2020-2021 Trainings**

- Encino, CA Holy Spirit Ctr. 818-943-0781 Sheila Grady mrssgrady@gmail.com CEs  
2020 4-Module Training: Feb 8-9 May 16-17 Aug 29-30 Dec 5-6
- San Francisco Bay Area: Atherton, CA Joan Condon jcondon@igc.org  
2020: Mar 13-14, Jun 5-6 Modules 3/4 Dates TBA
- El Paso, Texas Kathy Revtyak KRevtyak@epcgc.org  
2020 Training: Jan 25-26 Apr 24-25 Aug 27-28 Nov 12-13
- Tucson, Arizona Sharyn Chesser svchesser@cox.net  
2020 Training: Feb 1-2 May 23-24 Sep 19-20 2021: Jan 23-24
- Capacitar Ireland capacitar.ireland1@gmail.com  
Foundation Training 2020: Mar 7-8 Jun 6-7 Oct 17-18 2021: Feb 27-28  
Advanced Training 2021: May 1-2 Oct 2-3 2021 Team dates TBA
- Aachen, Germany Anke Reerman, anke.reermann@bistum-aachen.de  
Training 2020: Mar 7-8 Jun 27-28 Oct 3-4 2021: Mar 6-7  
2020 Aachen Advanced Training: Jun 20-21
- Southern Germany, Stuttgart Anke Reerman, anke.reermann@bistum-aachen.de  
Training 2020: Jul 4-5 Sep 5-6 2021: Mar 13-14 May 8-9

### **Gifts Made In Honor of**

Joan Condon • Pat Cane • Mary Duennes • Cossy (Kathryn) Ksander

### **Gifts Made In Memory of**

Martha & Andrew Rebrmann • Tom Condon • Marjorie Wilbur •

Mary Byrne Hoffman • Mary Hartman CSA •

### **Support Capacitar through AmazonSmile**

AmazonSmile is a way to support Capacitar, at no cost to you. When you shop at [smile.amazon.com](https://www.smile.amazon.com), select **Capacitar** from the list of charities. Amazon will donate a portion of the purchase price to Capacitar.





**CAPACITAR**  
International

*Healing ourselves, healing our world*

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December 2019

Dear Friends,

Special greetings to you as we celebrate Winter Solstice, Hanukkah, Christmas and Kwanza—a season of light transforming the darkness. Our world at this time is in great need of this light. This is the vision and mission of Capacitar—to bring healing and transformation to ourselves and to our world. Will you help us to realize our mission in the many places where we work? Your support will empower Capacitar teams in the U.S. and in other countries to do the following:

- Trainings for those working with refugees and the detained in the US, Europe and the Middle East
- Multicultural Wellness Trainings in 15 countries in the Americas, Europe, Africa, Asia and the Middle East
- New 4-Module trainings in Germany, Luxembourg, the Philippines and the U.S.
- Trauma Healing & Leadership Trainings in DR Congo, South Sudan and Haiti
- Work with refugee communities and asylum seekers at the US/Mexico border and in different areas of California
- Workshops to heal gender violence in Japan, Mexico, Guatemala, Panama and other countries
- Translation and publication of Capacitar manuals and materials in Spanish, Arabic, French and German.

We cannot do this work of healing and transformation without you! We are deeply grateful for your generous donations and prayerful support through the years. Together we are committed to the mission of healing ourselves and healing our world.

With peace and blessings,

*Pat Cane*

Capacitar International Founder/Director

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**MARY HARTMAN, CSA**

*With much love we remember Sister Mary Hartman, CSA, Co-Founder of CANTERA, a center for popular education in Managua, Nicaragua, where Capacitar had its beginnings. Mary lived and worked in Nicaragua for most of her life, was part of the Human Rights Commission working with prisoners, and was deeply committed to empowering the poor and grassroots people of Nicaragua. Mary was a great heart and spirit for Capacitar and for many others.*



**MARY BYRNE HOFFMAN**

*Mary Byrne Hoffman, MDiv, a member of Capacitar's SoCAL network, died recently of a massive cerebral hemorrhage in San Diego. Mary was a remarkable woman who touched the lives of so many through her outreach to people at the border; her work for peace and justice, her retreats and workshops and her spiritual accompaniment. Mary brought joy and empowerment to many and will be greatly missed by the Capacitar Family.*

