

CAPACITAR

AN INTERNATIONAL PROJECT OF EMPOWERMENT AND SOLIDARITY



SUMMARY REPORT
1988 ~ 1999

OUR LOGO COMES FROM A PRE-COLUMBIAN DESIGN OF THE LOTUS. FOR US IT SYMBOLIZES THE CREATIVITY AND EMPOWERMENT OF WOMEN ROOTED AND GROUNDED IN THE EARTH, RAISING ARMS TO RECEIVE THE ENERGY OF THE HEAVEN, JOINING TOGETHER IN SOLIDARITY AROUND THE GLOBE TO EMPOWER EACH OTHER, BIRTHING THE SEED OF LIFE WITHIN OURSELVES AND WITHIN THE SOCIETY AROUND US.



Over the last eleven years CAPACITAR has grown through the efforts of many. *The Tree of Life* that we help tend has branched out to include people in eleven countries and eleven states. We celebrate together this millennium in joy and thanksgiving for the gift of each person.

• **Nicaragua (1)**—Birth of Capacitar in 1988 in the barrios of Managua. Urban and rural workshops 1988-1999 with many hundreds of Nicaraguans and grassroots leaders and healers. Spirituality Programs and Trauma and Transformation Trainings with CANTERA, Centro Valdivieso, and CONFER (Nicaraguan Federation of Religious) to be developed for the future.

• **Guatemala (2)**—Workshops and trainings since 1991 with several thousand union leaders, grassroots leaders, Mayan peoples, religious, human rights activists and youth under the auspices of CONFREGUA (Guatemalan Federation of Religious), UITA-FESTRAS (Union Federation), Tierra Viva, Madre Tierra, and the spirituality center ICE-CEFAS. Future work to include trainings to heal the wounds of thirty years of political violence.

• **El Salvador (3)**—Workshops since 1996 with religious, healers, psychologists, educators, ex-combatants, midwives sponsored by CONFRES (Salvadoran Federation of Religious), DIGNAS (Center for Women and Abuse), and women's centers. Since September 1999 the CAPACITAR-Salvador Team coordinates Wellness Center in Suchitoto with outreach to peoples living in the former war zone. Future trainings will involve collaboration with Women's Health Leadership.

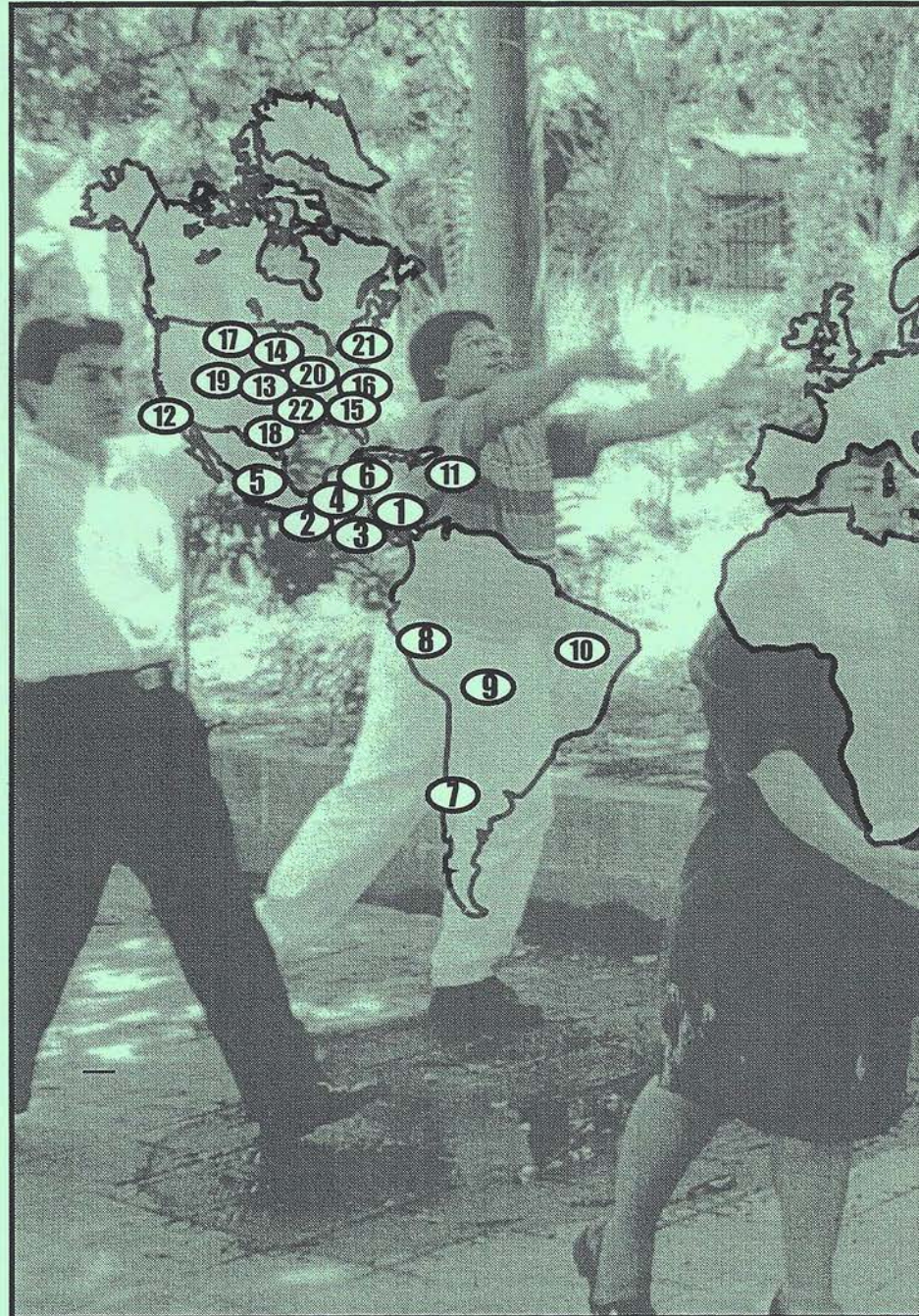
• **Honduras (4)**—Workshops for grassroots leaders since 1995 in Tegucigalpa coordinated by Centro Visitación Padilla. With aftermath of Hurricane Mitch CAPACITAR is committed to Trauma and Transformation trainings for leaders from eight regions working to heal their country.

• **Mexico (5)**—Workshops since 1996 in Palenque and San Cristobal in the State of Chiapas for Mayan peoples and community leaders sponsored by the Franciscan Sisters and in 1999 for SIPAZ, the international team working for peace and nonviolence in Chiapas. Future work to be sponsored by the Franciscans.

• **Belize (6)**—Workshops for Belizian women's groups in Belize City and for Salvadoran and Guatemalan refugees in Belmopan, sponsored by Mercy Sisters and Guadalupe Spirituality Center. Future workshops in healing and organizational development will also be supported by the Sisters of Charity of Nazareth.

• **Chile (7)**—Workshops for grassroots women and team development since 1992. Spanish Manual developed in collaboration with Chile Team. CAPACITAR-Chile team offers workshops in Brazil, Argentina, Peru and Bolivia and is developing plans for building their own CAPACITAR Wellness Center in El Cajon de Maipu.

• **Peru (8)**—Workshops from 1994-1998 with grassroots groups, community leaders and religious in centers around Lima. Future workshops to be developed in collaboration with the Chile Team.

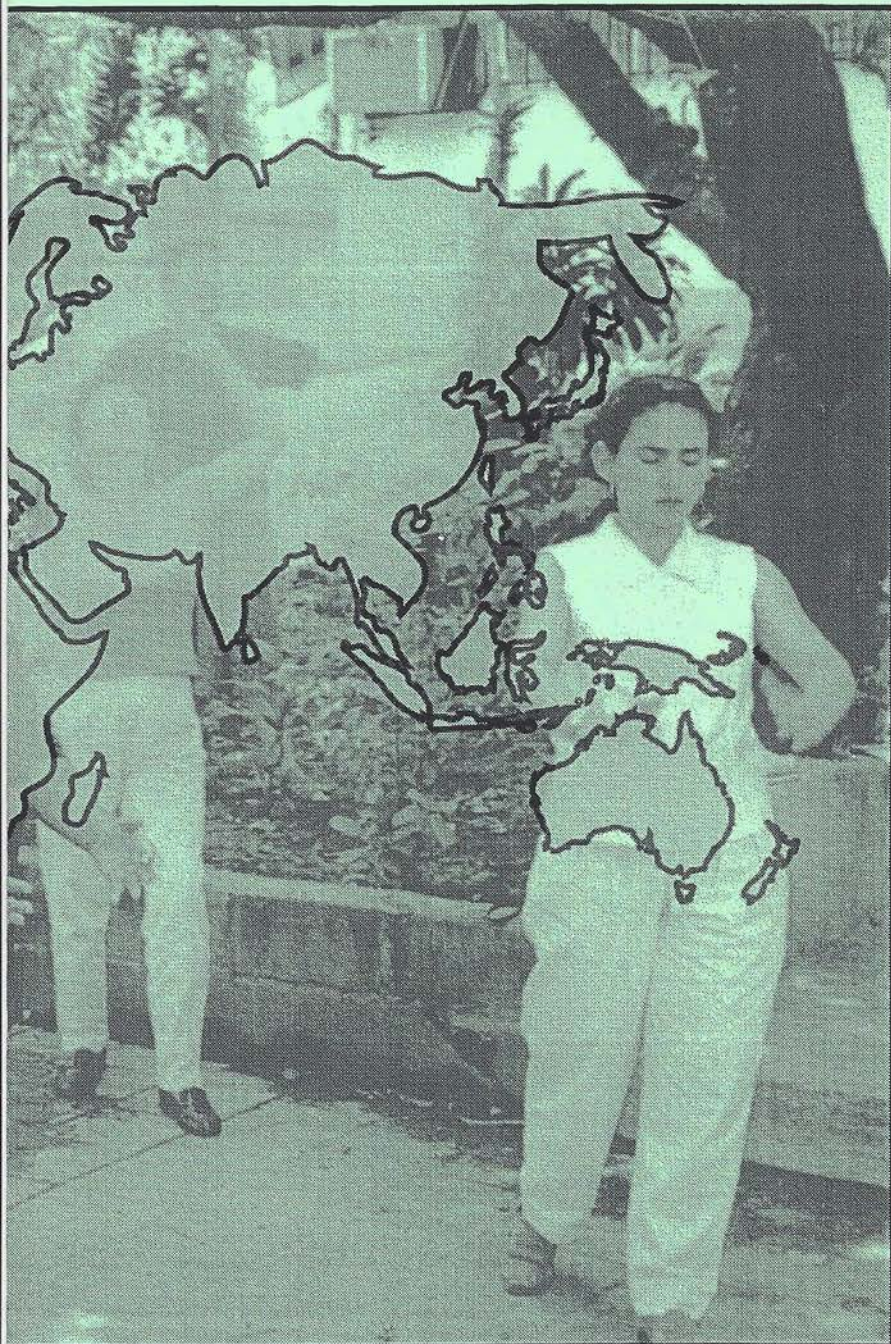


• **Bolivia (9)**—Workshops in 1999 in La Paz and Santa Cruz for grassroots healers, educators and psychologists. The beginnings of development of a Bolivia team in La Paz.

• **Brazil (10)**—Workshops in 1996 and 1997 in Sao Paulo and Recife. Future work to be developed by the Chile Team.

• **Puerto Rico (11)**—First workshops with religious and grassroots groups in 1998-1999.

We reach out to the generations of the future committing ourselves to global healing and solidarity. At the dawn of the new millennium, we envision Capacitar to be in the Middle East, India, Africa and other world areas traumatized by violence and natural disasters.



International Conferences

1993 - VI Encuentro Feminista (Feminist Congress of Latin America and the Caribbean) held in El Salvador—CAPACITAR coordinates the Healing Tent

1995 - NGO World Forum on Women, China, CAPACITAR coordinates the Healing Tent in collaboration with the Chinese Medical Association and the Chinese Traditional Medical Association. CAPACITAR Team included 25 women from 12 different countries.

1996—VII Encuentro Feminista in Chile—CAPACITAR coordinates the Healing Tent.

•**California (12)**—Workshops with women farmworkers in Watsonville labor camps since 1992. Local program in Santa Cruz County. Outreach to groups, grassroots centers, women in prison, homeless shelters and Head Start in Northern California. Future work in collaboration with California Women's Health Leadership.

•**Missouri (13)**—Workshops sponsored by Mercy Sisters in St. Louis since 1995. Development of CAPACITAR Crones support group for women over 50 in 1997-99. Future work includes CAPACITAR workshops for couples and for youth.

•**Ohio (14)**—Workshops sponsored by Mercy Health-Partners in Cincinnati since 1997. Trainings for Mercy Wellness Center Staffs and outreach nurses in 1998-99. Multicultural CAPACITAR Workshop for Hispanic and African American Ministries of the Cleveland Diocese in 1999-2000. Future outreach to youth, grassroots women, Appalachians, seniors.

•**Kentucky (15)**—Workshops sponsored by Catherine Spalding Center and the Sisters of Charity of Nazareth. Workshops for Mexican migrants working as farm laborers in Springfield. Future development of Multicultural Wellness Education trainings.

•**Virginia (16)**—Workshops for Appalachian women and the development of CAPACITAR-Appalachia Team in Richlands sponsored by Sunrise Center and the Sisters of Mercy. Outreach to women's centers for abuse, Head Start and health centers planned for the future.

•**Wisconsin (17)**—Workshops in Fond du Lac 1998-99 sponsored by the Sisters of St. Agnes and the Center to BE. Multicultural Wellness Education Training planned for 2000-2001.

•**Texas (18)**—Workshops in 1996-1997 in Laredo, and Laredo, Mexico, sponsored by the Mercy Sisters and a federal health grant. Future work to be developed in Houston and border towns.

•**Colorado (19)**—Workshops for women on welfare sponsored by the Franciscan Sisters.

•**Iowa (20)**—Workshops for religious and grassroots leaders sponsored by the Franciscan Sisters in Dubuque.

•**Massachusetts (21)**—Multicultural workshops for African-American and grassroots women from diverse backgrounds sponsored by the Women's Theological Center in Boston 1998-1999. Future collaboration planned.

•**Arkansas (22)**—First CAPACITAR workshop in Little Rock for African American women sponsored by Sophia Center and the Mercy Sisters in November, 1999.