



Have you already done the Capacitar Training but would welcome the opportunity to **revisit the practices** and refresh your skills at **teaching them to others** — in a safe space online?

Join our 2025 online series of **2 Refresher Workshops**, with a focus on encouraging you to share/teach the Practices with confidence
we will be supporting you, using 1:1 in Breakout Rooms

WHAT? two workshops - each 2.5 hours

We will be led by you as to which practices we will be practising (i.e., the ones you might feel less confident about but would like to teach others)

For WHOM? Anyone interested in refreshing your teaching/facilitation skills!

With WHOM? Joan Condon (Capacitar International) jcondon@igc.org
& Nancy Adams (Capacitar Scotland) nancy@newbigging.org

WHEN? Saturdays: 8th & 22nd November

TIMES? **USA:** Pacific: 0830-1100 Mountain: 0930-1200
Central: 1030-1300 Eastern: 1130-1400
EUROPE: UK/Ireland: 1630-1900 Germany/Sweden: 1730-2000
Israel/Palestine: 1830-2100

WHERE? on Zoom - link will be provided upon registering your interest.

COST? Suggested donation for 2 sessions (\$20 / £15) towards the work of Capacitar International would be received with gratitude (details provided upon registration)

To register your interest or for more information, contact **Joan or Nancy** at their email address above. If possible, include the practices you would like to focus on.

Capacitar International is a non-profit organisation based in Santa Cruz County, CA, USA
capacitar.org